

**Margaret Morris Movement Scotland
Dance Residential 5th-8th April 2024
'WALKING BAREFOOT , DANCING TO CREATE'**



In the 1943 Margaret Morris held a summer school in the rural region of Dumfries and Galloway in South West Scotland. In 2024 MMM Scotland will host the 8th edition of the dance course at the same location-Kilquhanity. In *'WALKING BAREFOOT, DANCING TO CREATE'* *we will discover the importance Margaret Morris placed on natural walking in order to achieve freedom and ease of movement by exploring some of the many dance colour exercises she devoted to the art of walking. Alongside enjoying the health benefits of walking barefoot, we will use walking as a vehicle to improvise and as a starting point for our own creative journey.*

Course teachers: Chantal Breavoine (Guest Teacher) & Sara Shackleton
Cost of course including single room accommodation, meals (organic and locally sourced produce created by Caterer Jolanda Bastein & Lorna Willock-Dietician & Nutritionist) and all dance/creative sessions-£310. Weekend Day visitor: £140. Day rate: £75

Please book early to secure a place. £60 non-refundable deposit to be paid by 1st March 2024 and balance by 4th April 2024.

Send completed form and cheques £ Sterling UK or International Sterling cheques for deposit to a bank account and made payable to *S J Shackleton* to: S J Shackleton, Laurieston House, Wallaceton, Auldgirth, Dumfries and Galloway, Scotland, DG2 0TG.

Payments can be made directly by Bank Transfer to: Royal Bank of Scotland sort code: 83-33-00, Account No. 15465442. Email: sara.shackleton26@gmail.com (phone-01387 820472)

MMM Scotland, its servants, agents and employees are not under any liability whatsoever in respect of personal injury, loss or damage howsoever caused while attending the course. We therefore advise you to take out personal holiday insurance cover as usual.

www.margaretmorrismovement.com

